

Clinical Screening Instrument

The Clinical Screening Instrument was developed by the WHO as a substitute for the AUDIT when the healthcare provider has minimal confidence in a patient's responses to specific questions.

AUDIT Clinical Questions and Procedure

Trauma History

1. Have you injured your head since your 18th birthday?
 Yes (3)
 No (0)
2. Have you broken any bones since your 18th birthday?
 Yes (3)
 No (0)

Clinical Examination

3. Conjunctival injection
 Not present (0)
 Mild (1)
 Moderate (2)
 Severe (3)
4. Abnormal skin vascularization
 Not present (0)
 Mild (1)
 Moderate (2)
 Severe (3)
5. Hand tremor
 Not present (0)
 Mild (1)
 Moderate (2)
 Severe (3)
6. Tongue tremor
 Not present (0)
 Mild (1)
 Moderate (2)
 Severe (3)
7. Hepatomegaly
 Not present (0)
 Mild (1)
 Moderate (2)
 Severe (3)
8. Gamma-glutamyl transferase (GGT) values*
Lower normal (0 - 30) = (0)
Upper normal (30 - 50) = (1)
Abnormal (50 or higher) = (3)

*These values may change with laboratory methods, and standards may vary with sex and age of the drinker.

Record sum of individuals scores here _____.

A score of **5 or greater** is considered elevated. However, the physician should consider the implications of each of the clinical observations. False positives can occur when the individual is accident prone, uses drugs that can elevate GGT levels, or has a hand tremor due to nervousness and other neurological disorders.

(Adapted with permission from the WHO, 1996)